## ST. THOMAS AQUINAS HIGH SCHOOL



## COMMUNITY INVOLVEMENT RECORD BOOK



### **Kenora Catholic District School Board**

"We are a Roman Catholic School System dedicated to excellence in education, the Christian formation of youth and strong partnerships with parents and the Church."

Effective Date: October 5th, 2022

#### **PREAMBLE**:

As stated in *Ontario Secondary Schools, Grade 9 to 12: Program and Diploma Requirements, 1999 (OSS)*, every student who begins secondary school during or after 1999-2000 school year must compete a minimum of 40 hours of community involvement activities as part of the requirements for an Ontario Secondary School Diploma (OSSD).

Community involvement activities are part of the school's program.

#### **INTRODUCTION:**

Effective September 1, 1999, every student who begins secondary school in Ontario will be required to complete <u>40</u> hours of community involvement in order to receive a diploma. The purpose of this requirement is to encourage students to develop awareness and understanding of their civic responsibility and the contribution they can make in supporting and strengthening their communities.

This document provides information on the community involvement diploma requirement for students and parents, as well as for the persons and organizations who are asked by students to sponsor a particular community involvement activity. If further information is required, please contact the school.

Students will select one or more community involvement activities in consultation with their parents. Selection of activities should take into account the age, maturity, and ability of the student, the location and environment of the proposed activity, and the need for any special training, equipment, and preparation. The safety of the student is paramount.

It should be noted that students will not be paid for performing any community involvement activity.

A parent is not required to sign a form or to be consulted if the student is eighteen years of age or older.

#### **ROLES AND RESPONSIBILITIES:**

#### **Kenora Catholic District School Board**

School boards are responsible for the implementation of community involvement activities through their secondary schools. A list of approved community involvement activities has been developed by the board in conjunction with local school councils, the Special Education Advisory Committee, and the board's insurer. This list is included in this information package, along with a list of activities that the Ministry of Education and Training has stated are ineligible. A board will not approve student participation in any activities that are on the ministry's list of ineligible activities. Each school board must ensure that all participants, including students and community sponsors, are adequately covered by the board's insurance.

#### St. Thomas Aquinas High School Principal

Principals are required to provide information about the community involvement requirement to parents, students, and community sponsors. Principals are also required to provide students with the information and forms they will need to complete the community involvement requirement, including the board's list of approved activities from which to choose. After a student completes the 40 hours of community involvement and submits all documents of their completion to the school, the principal will decide whether the student has met the community involvement requirement and, if so, will record it as completed on the student's official transcript.

#### **Sponsors in the Community**

One of the purposes of the community involvement requirement is to develop strong ties between the students and their community, fostering valuable and long-term relationships. Persons and organizations within the community may be asked by the student to sponsor a community involvement activity. Any training, equipment, or special preparation that is required for the activity should be provided by the person or organization. It is crucial that students are able to fulfill their community involvement requirement in a safe environment. The person overseeing

the student's activity must verify the date(s) and the number of hours completed on the "Completion of Community Involvement Activities" form (included at the back of this booklet).

#### St. Thomas Aquinas High School - Student

In consultation with their parents, students will select an activity or activities from the board's list of approved activities, or choose an activity that is not on the list, provided that it is not an activity specified on the ministry's and the board's lists of ineligible activities. If the activity is not on the board's list of approved activities, the student must obtain written approval from the principal before beginning the activity.

Before beginning any activity, students will provide their teacher advisors with a completed "Notification of Planned Community Involvement Activities" form indicating the activity or activities that they plan to do (included at the back of this booklet). This form must be signed by the student and by his or her parent if the student is under eighteen years of age. More than one such form may be submitted when additional activities are planned that were not included on a previously submitted form.

A "Completion of Community Involvement Activities" form must be completed by the student, the student's parent (if the student is under eighteen years of age), and the community sponsor (that is, the person or organization that provided the community involvement opportunity for the student). The student must submit the form to the principal or other school contact upon completion of the 40 hours or at appropriate intervals determined by the principal during the teacher advisor program time.

#### St. Thomas Aquinas High School - Parents/Guardians

Parents should provide assistance to their child in the selection of their community involvement activities. Parents are also encouraged to communicate with the community sponsor and the school principal if they have any questions or concerns. A parent must sign the "Notification of Planned Community Involvement Activities" form and the "Completion of Community Involvement Activities" form if the student is under the age of eighteen years.

#### **ACTIVITIES FOR COMMUNITY INVOLVEMENT**

#### The Ministry of Education and Training's List of Ineligible Activities

The ministry has developed a list of activities that may not be chosen as community involvement activities and that are, therefore, ineligible activities. An ineligible activity is an activity that:

- is a requirement of a class in which the student is enrolled (e.g. cooperative education portion of a course, job shadowing, work experience);
- takes place during the time allotted for instructional program on a school day, however, an activity that takes place during the student's lunch breaks or "spare" periods is permissible;
- takes place in a logging or mining environment, if the student is under sixteen years of age;
- takes place in a factory, if the student is under fifteen years of age and is not accompanied by an adult;
- takes place in a workplace other than a factory, if the student is under fourteen years of age and is not accompanied by an adult;
- would normally be performed for wages by a person in a workplace;
- involves the operation of a vehicle, power tools, or scaffolding:
- involves the administration of any type or form of medication or medical procedure to other persons;
- involves handling of substances classed as "designated substances" under the Occupational Health and Safety Act;
- requires the knowledge of a tradesperson whose trade is regulated by the provincial government;
- involves banking or the handling of securities, or the handling of jewelry, works of art, antiques, or other valuables;
- consists of duties normally performed in the home (i.e., daily chores) or personal recreational activities;
- involves a court-ordered program (e.g., community-service program for young offenders, probationary).

#### The Kenora Catholic District School Board's List of Ineligible Activities

The Kenora Catholic District School Board has determined that the following are ineligible activities, in addition to those that the ministry has listed as ineligible:

- "Take Our Kids To Work" experiences;
- playing on a sports team;
- any work within the student's own home;
- care or service to members of the student's family living in the same home;
- any activity that places the student in a dangerous situation;
- any activity that is not consistent with the high moral standards of the school and community.

#### The Kenora Catholic District School Board's List of Eligible Activities

The activities listed below are approved by the school board for the completion of the community involvement requirement.

**Note**: The principal may approve other activities. Please see your teacher advisor for details.

#### **COMMUNITY SERVICE LIST**

The following activities are approved for completion of the community involvement requirements.

#### In the Community

Offer assistance to charitable organizations, service clubs and other not-for-profit organizations, such as:

- canvassing, walk-a-thons, celebrity games;
- coaching minor sports teams;
- helping to organize community events such as Harbourfest;
- participating in environmental projects, e.g. clean up, tree planting, recycling;
- assisting at a seniors' residence, hospital, nursing home, e.g. serving snacks, helping with crafts, visitation;
- community projects, e.g. food bank welcoming committees;
- assisting in local parks and recreational facilities.

#### **Individual Support**

Provide assistance such as:

- activities involving seniors, e.g. helping shop, reading letters, shoveling snow, chronic care hospital visits;
- activities with young people, e.g. transcribing, reading buddies;
- assisting an individual with a disability.

#### In the School

Help others with activities such as:

- peer helping;
- timing, scoring, managing a team;
- coaching a younger team;
- Student Council, YMTA.

**Note**: An eligible activity may not count towards a credit or school recognition such as a school letter and may not take place during the student's regular classroom time.



# **Approved Community Involvement Organizations St. Thomas Aquinas High School**

## Unless the activity is specifically listed below, make sure you get approval from the school principal before completing the activity.

Organization	Possible Activities
774 Royal Canadian Army Cadets Corps	<ul> <li>Adopt a Highway</li> <li>Trans Canada Trail</li> <li>Cancer Walk-a-thon</li> </ul>
Adult Learning Line	<ul><li>Helping design posters and window displays</li><li>Distributing posters and flyers around town</li></ul>
Alzheimer Society	<ul> <li>Newsletter, office work</li> <li>Tag day, canvassing</li> <li>Fundraising</li> </ul>
Anishinaabe Abinoojii Family Services	<ul> <li>Assist with cleanup of Powwow grounds</li> <li>Assist with concession stands</li> <li>Assist with seasonal feasts</li> <li>Assist with children's Christmas parties</li> </ul>
Beta Sigma Phi Sorority, Ontario Tau Chapter	<ul> <li>Assist with annual Christmas Craft Sale</li> <li>Assist with other special events as needed</li> </ul>
Bimose Tribal Council Inc.	Assist with various tasks
Canadian Red Cross	<ul> <li>Northern Raffle</li> <li>Local branch – special events and regular activities</li> </ul>
Cat Shelter	<ul> <li>Assist with cleaning cages</li> <li>Assist with various tasks</li> <li>(Fostering an animal does not qualify)</li> </ul>
Church of Christ	Church maintenance

City of Kenora Parks and Facilities Department	Public skating patrol (supervision)
Cystic Fibrosis	Assist with Cystic Fibrosis walk
Dalles First Nation	<ul> <li>Assist at pow wows</li> <li>Organize community events</li> <li>Sports events</li> <li>Community projects</li> <li>March Break events</li> </ul>
District of Kenora Home for the Aged (Pinecrest)	<ul> <li>Assist with flower gardens:cleaning, planting, watering, etc. community support services</li> </ul>
District of Kenora Home for the Aged (Pinecrest) Community Support Services	<ul> <li>Assist to deliver Meals on Wheels (student cannot drive, help as a passenger)</li> <li>Host/hostess to serve meals at Congregate meals</li> <li>Deliver Congregate meals</li> </ul>
Ecole Ste-Marguerite Bourgeoys	<ul> <li>Assist with various activities</li> <li>Assist with set up and clean up with after school hour events</li> </ul>
Evergreen Community Club	<ul> <li>Help to shovel</li> <li>Run concession stand</li> <li>Various other minor tasks</li> </ul>
Festival of the Arts	<ul> <li>Help with symphony productions</li> <li>Set up equipment</li> <li>Dismantle and carry equipment</li> <li>Help with cleanup</li> </ul>
Harbourfest Committee	<ul> <li>Help with KidsZone</li> <li>Site preparation - tent setup, hauling chairs, moving equipment</li> <li>Manning road blocks during activities</li> </ul>
Helping Hands Kenora	<ul> <li>Preparing meals</li> <li>Setting up tables</li> <li>Serving meals to clients</li> <li>Cleanup tasks</li> </ul>
It's A Dog's Life Fostering Network	<ul> <li>Tag days</li> <li>Assist with information sessions</li> <li>Assist with running fundraising events</li> <li>Assist with Meet the Hounds</li> <li>(Fostering an animal does not qualify)</li> </ul>
J & M Judo Club	<ul> <li>Set up of Judo Championships</li> <li>Time-keeping; score keeping, refereeing</li> </ul>

	• Clean up after championships
Kenora Agricultural Society	Help with the annual Fair and Exhibition (set up tables, put exhibits on display, sit ticket booths, cleanup, etc.)
Kenora and District Dog Club	<ul> <li>Assist with annual dog show (collecting admissions at door, help at the secretaries' table)</li> <li>Annual dog show is the third weekend in June</li> </ul>
Kenora and Lake of the Woods Regional Community Foundation	Assist with the annual Festival of Trees fundraising event
Kenora Anishinaabe-Kweg Aboriginal Women's Organization	<ul><li>Help with prep for crafts</li><li>Cleaning, kitchen cleanup and laundry</li></ul>
Kenora Area Health Access Centre	<ul> <li>Assist with spring/fall feasts</li> <li>Assist at Powwows, dances, recreational activities</li> </ul>
Kenora Association for Community Living	<ul> <li>Assist in support of people who have developmental disabilities</li> <li>(Training will be provided)</li> </ul>
Kenora Baseball League	<ul> <li>Assist at registration</li> <li>Organize and coordinate activity day (hit, run and throw)</li> <li>Coaching</li> </ul>
Kenora Bass International	Assist in a variety of activities for this community event
Kenora Borealis Multi-Sport Club	<ul> <li>Setup and take down of equipment</li> <li>Assist with registration</li> <li>Attending water stations along routes (Triathlon event in August)</li> </ul>
Kenora Community Legal Clinic Inc.	Assist with community events
Kenora Curling Club	<ul> <li>Cleanup and maintenance of the club</li> <li>Learn ice making techniques</li> </ul>
Kenora District Labour Council	<ul> <li>Assist with Labour day picnic</li> <li>Face painting</li> <li>Supervising kids games (under adult supervision)</li> <li>Serving food</li> <li>Clean up</li> </ul>
Kenora Fellowship Centre	<ul> <li>Coffee corner</li> <li>Cleaning, cooking, serving food</li> <li>Organizing storage rooms and library</li> <li>Shopping for soup kitchen</li> </ul>
Kenora Legion Branch 12	<ul> <li>Serving at banquets</li> <li>(10am to 1pm office hours)</li> </ul>

Kenora Legion Branch 12 Ladies Auxiliary	<ul><li>Serving at banquets</li><li>Odd jobs</li></ul>
Kenora Metis Council	<ul> <li>Assist with Fall Harvest</li> <li>Assist with community events and cultural events</li> <li>Knitting, crocheting</li> </ul>
Kenora Nordic and Biathlon Club	<ul> <li>Assist with special events</li> <li>Act as assistant coaches</li> <li>Cut trails, general maintenance</li> </ul>
Kenora Public Library	Assist with ongoing programs
Kenora-Rainy River Child and Family Services	<ul> <li>Assist with June Powwow</li> <li>Assist with recreational activities for children</li> <li>Assist children with math and reading tutoring program</li> </ul>
Kenora Rowing Club	<ul> <li>Assist with regattas</li> <li>Assisting coaches</li> <li>Maintenance, cleaning</li> </ul>
Kenora Scottish Heritage	<ul> <li>Help set up dance room</li> <li>Work with children</li> <li>Lead warm up and cool down</li> <li>Work with children through dance</li> </ul>
Kenora Skating Club	<ul> <li>Program assistants</li> <li>Play music for ice shows</li> <li>Assist with ice show</li> <li>Various other duties</li> </ul>
Kenora Special Olympics	<ul> <li>Assist with training athletes</li> <li>Assist at track and field events</li> </ul>
Kenora Swim Sharks	Assist at swim meets
Kidney Foundation	Canvassing
Kinsmen Club	Help with all fundraising events (sell tickets, set up events, etc.)
Knights of Columbus	Assist with church projects and activities
Lake of the Woods Child Development Centre - Firefly	Assist with children's groups
Lake of the Woods Community Foundation	<ul> <li>June: Loonie Bear's Birthday Celebration</li> <li>Help serve cake and ice cream</li> <li>Help with community birthday party</li> <li>August: Dragon Boat Festival</li> </ul>

	<ul> <li>Assist with children's events in the water boat festival</li> <li>November/December: Festival of Trees (Museum)</li> <li>Assist with Senior's Night</li> <li>Assist with Family Day activities</li> </ul>
Lake of the Woods Concert Group - and the Harbourfront Concert Series	<ul> <li>Help with symphony productions</li> <li>Set up equipment</li> <li>Dismantle and carry equipment</li> <li>Help with clean up</li> </ul>
Lake of the Woods District Hospital	Assist patients
Lake of the Woods District Hospital Foundation	Assist with direct mail campaigns (Oct/Nov - Fall Newsletter; Nov/Dec - Tree of Life; May/June - Spring Newsletter)
Lake of the Woods Girls' Minor Hockey Association	<ul><li>Assist with scorekeeping</li><li>Help with radio fundraisers</li></ul>
Lake of the Woods Gun Club	<ul> <li>Clean up empty hulls</li> <li>Help loading trap machines and houses with clay pigeons</li> <li>Scoring, helping officials</li> </ul>
Lake of the Woods Historical Society	<ul> <li>Maintenance of Mather Walls house</li> <li>Assisting with various community events hosted by the Society</li> </ul>
Lake of the Woods Hospital Auxiliary	<ul> <li>Tag day (Friday before long weekend)</li> <li>Sell tickets</li> <li>Assist with gift shop (need training)</li> </ul>
Lake of the Woods Lions Club	Various Activities
Lake of the Woods Minor Hockey	<ul> <li>Assist in tournaments (time clock, etc.)</li> <li>Coaching</li> </ul>
Lake of the Woods Minor Indoor Soccer	<ul> <li>Assist with the coaches</li> <li>Referee</li> <li>Assist with wind-up tournament</li> </ul>
Lake of the Woods Museum	Help with special events
Lake of the Woods Quilters Guild	<ul><li>Distribute flyers</li><li>Set up and take down of quilters show</li></ul>
Local Services Board of Minaki	<ul> <li>Youth activities</li> <li>Maintain skating rink, curling rink</li> <li>Fundraising</li> <li>Canteen Services</li> </ul>
Longbow Lake Volunteer Fire Brigade	<ul><li>Clerical duties</li><li>Maintenance</li></ul>

	Housekeeping
Luther Village	<ul> <li>Assist with summer Christian programs for children, youth and families</li> <li>Assist with weekend retreats</li> <li>Assist with conferences in spring and fall</li> </ul>
M&M Meat shops	<ul> <li>Help at charity barbecues, such as Crohn's and Colitis in May, Teddy Bear Picnic for Lake of the Woods District Hospital in July and Terry Fox BBQ in September</li> </ul>
Making Kenora Home	<ul> <li>Assist with food drives</li> <li>Assist with picnics, Christmas activities</li> <li>Habitat for Humanity</li> </ul>
McKenzie-Clearwater Bay Fire Protection Corp.	<ul><li>Yard cleanup</li><li>Housekeeping</li><li>Truck washing</li></ul>
Minto Family Resource Centre	<ul><li>Set up for crafts</li><li>Recycling and general chores</li></ul>
Mount Evergreen Ski Club	<ul> <li>Clean clubhouse</li> <li>Clear brush, groom hill</li> <li>General maintenance</li> <li>Teach ski and snowboard lessons</li> <li>Assist at special events</li> </ul>
Multicultural Association of Kenora and District	Assisting with Multicultural Festival and other activities
Political Campaign Offices	<ul> <li>Answering phones</li> <li>Data entry</li> <li>Making signs</li> <li>Web-page</li> <li>Office related tasks</li> </ul>
NeChee Friendship Centre	<ul> <li>Fundraising activities</li> <li>Deliveries of pamphlets</li> <li>Dances</li> <li>Community dinners/feasts</li> <li>Powwows</li> <li>Workshops</li> </ul>
Northwest Angle #33 First Nation	<ul> <li>Assist at pow wows</li> <li>Organize community events</li> <li>Sports events</li> <li>Community projects</li> </ul>

Northwestern Health Unit	Assist with various activities and projects
Northwestern Independent Living Services Inc.	<ul><li>General office tasks</li><li>Assist with special projects</li></ul>
Notre Dame Catholic Women's League	Assist with church projects and activities
Notre Dame Parish	Assist with church projects and activities
Ontario Early Years Centre (Located at Kenora Public Library Children's Dept.)	<ul> <li>Assist Kenora Public Library staff with Rotary Story Hour for children on Saturday mornings</li> <li>Stories, rhymes, music, crafts</li> </ul>
Ontario Parks - Rushing River Provincial Park	<ul><li>Assembly of picnic tables and benches</li><li>Painting</li></ul>
Ontario Provincial Police	Assist with annual Christmas Party
Pellat Community Centre	Helping at community events such as dinners, dances, musical Events, fish fries, pancake breakfasts, ice fishing derbies
Pellat United Fire Fighters	Assist with fundraising initiatives (Poker Derby, Fish Derby)
Kenora Baseball League	<ul> <li>Assist with coaches</li> <li>Work at concession stand</li> <li>Take inventory of equipment</li> </ul>
Relay for Life	Assist with various activities
Retired Teachers' Association	Assist with typing (History 2000)
Sacred Heart/St. Louis Catholic Women's League	Assist with church projects and activities
Safe Communities Kenora	<ul> <li>Set up and take down for Father's Day Bike Ride</li> <li>Buddy rider</li> <li>Route set up and route monitor</li> <li>Safety Night</li> <li>Monitoring of events</li> </ul>
Salvation Army	<ul> <li>Assist with Miracle Marathon</li> <li>Assist with Christmas kettle</li> </ul>
Scouting (Ken-Kee Council) for Beavers and Cubs	<ul> <li>Minimum 2 hours per week</li> <li>Possible check required</li> <li>14 or older</li> <li>Work with children</li> <li>Work outdoors</li> <li>Work as a team</li> </ul>
Shoal Lake #39 First Nation	Assist at pow wows

	<ul><li>Organize community events</li><li>Sports events</li><li>Community projects</li></ul>
Shoal Lake #40 First Nation	<ul> <li>Assist at pow wows</li> <li>Organize community events</li> <li>Sports events</li> <li>Community projects</li> </ul>
Shooniyaa Wa-Biitong & Kenora Fellowship Centre: Four Seasons Cultural Restoration & Mentoring Program	Assist with cultural activities
Sioux Narrows "Bassin' for Bucks"	<ul> <li>Assist with bass tournament</li> <li>Record-keeping</li> <li>Dock assistant</li> </ul>
St. Andrews United Church	Assist with annual children's gift buying event (early November/December)
St. Louis Church	<ul> <li>Assist with church projects and activities</li> <li>Assist with summer camp</li> </ul>
St. Louis Elementary School	<ul> <li>Assist with various activities</li> <li>Assist with set up for events, cleanup of events, etc.</li> </ul>
St. John Paul II Elementary School	<ul> <li>Assist with various activities</li> <li>Assist with set up for events, cleanup of events, etc.</li> </ul>
Sunday Smiles	<ul><li>Welcome guests</li><li>Seat guests</li><li>Help with set up and clean up</li></ul>
Sunset Country Regional Figure Skating Association	<ul> <li>Program assistants</li> <li>Music players</li> <li>Judges</li> <li>Score-keepers</li> <li>Ice captains</li> <li>Photocopy persons</li> <li>Seminar leaders</li> <li>Various other duties</li> </ul>
Sunset Trail Riders	Assist with maintaining trails
Tourism Kenora	<ul> <li>Travel counselor aides</li> <li>Special events</li> <li>Kenora Harbourfront activities</li> </ul>
Trauma Nursing Core Course	<ul><li>Role play as "victims" for trauma nursing students</li><li>Students commit to 16 hours over 3 days</li></ul>

Treaty Three Police	Assist with Christmas Parade Float
Triple P.L.A.Y	Assist with fundraising activities
TryLight Theatre Co.	Assist in a variety of ways with live theatre performances
Ukrainian Kids Camp	Assist at summer camp with dance, language, arts and crafts, co
Victim Services of Kenora & Area (VSKA)	<ul> <li>Organize and execute fundraising events</li> <li>Help, collaborate to raise awareness of events</li> </ul>
Walmart Charity Committee	<ul> <li>Assist in hosting fundraising events for not-for-profit organization the Kenora area</li> <li>Dunk tanks</li> </ul>
Washagamis Bay First Nation	<ul> <li>Assist at pow wows</li> <li>Organize community events</li> <li>Sports events</li> <li>Community projects</li> </ul>
Water of Life Family Church	<ul><li>Clean-up</li><li>Maintenance</li></ul>
Wauzhushk Onigum First Nation (Rat Portage)	<ul> <li>Assist at pow wows</li> <li>Organize community events</li> <li>Sports events</li> <li>Community projects</li> </ul>
Whitefish Bay First Nation	<ul> <li>Assist at pow wows</li> <li>Organize community events</li> <li>Sports events</li> <li>Community projects</li> </ul>
Women's Place	Assist with various activities
Women's Walleye Tournament	<ul> <li>Help on docks with boat landing</li> <li>Assisting with transfer of fish to weigh in area</li> </ul>

<sup>\*</sup>Updated: October 6th, 2023

#### LIABILITY INSURANCE COVERAGE

for

#### ST. THOMAS AQUINAS HIGH SCHOOL

#### **COMMUNITY INVOLVEMENT PROGRAM**

Kenora Catholic District School Board is pleased to advise our Community Sponsors that students who are performing volunteer work for your organizations are protected by the school board's liability insurance, while they are performing their required forty (40) hours of community involvement service. Community sponsors are also protected by the board's liability insurance for claims that arise out of our students' volunteer activities for your organizations.

For example, if a student, in the course of his/her volunteer duties, causes damage or injures a third party, and these results in a lawsuit against the student and the community sponsor, the board's insurance will protect both the student and the community sponsor.

Community sponsors will be responsible for ensuring that their liability insurance will protect them for their involvement in this program. As with other programs, such as "Take Our Kids to Work", the school board's insurance does not provide coverage for the negligence of the community sponsors.

Community sponsors should also be aware that, like job-shadowing and other similar work-experience programs, students do not have accident insurance, or Workplace Safety Insurance coverage through the school board. It is recommended that students involved in the program purchase Student Accident Insurance. The school board expects the community sponsors to ensure that student volunteers are provided with safety instructions, and are trained and supervised to ensure a safe and mutually beneficial volunteer experience.

A list of eligible and ineligible activities is attached to the Information Document provided by the school.